



Formed in 1979, the Ohio **Ecological Food and Farm** Association (OEFFA) cultivates a future in which sustainable and organic farmers thrive, local food nourishes our communities, and agricultural practices protect and enhance our environment.

- Organic certification
- Annual conference
- Farm tour & workshop series
- Policy program
- Technical assistance: production, transition
- Begin Farming program

beginfarming.oeffa.org

# Goals

- Increase awareness of farmer needs in local food system interventions
- Share how incentives benefit farmers in Ohio



Apprentice and farmer at Mile Creek Farm, 2019, photo by Rachel Tayse





#### Ohio

Farms by Value of Sales			Farms by Size		
	Number	Percent of Total a		Number	Percent of Total a
Less than \$2,500	27,164	35	1 to 9 acres	10,333	13
\$2,500 to \$4,999	7,998	10	10 to 49 acres	26,533	34
\$5,000 to \$9,999	8,171	11	50 to 179 acres	23,671	30
\$10,000 to \$24,999	9,284	12	180 to 499 acres	10,574	14
\$25,000 to \$49,999	5,889	8	500 to 999 acres	3,955	5
\$50,000 to \$99,999	5,460	7	1,000 + acres	2,739	4
\$100,000 or more	13,839	18			



**United States Department of Agriculture** National Agricultural Statistics Service

www.nass.usda.gov/AgCensus

Ohio farms are generally small in size and value of sales.

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# ECENSUS OF State Profile

Nursery, greenhouse, floriculture, sod

#### **Market Value of Agricultural Products Sold**

	Sales (\$1,000)	in U.S. <sup>b</sup>	Producing Item		
Total	9,341,225	16	50		
Crops	5,426,253	13	50		
Grains, oilseeds, dry beans, dry peas	4,553,242	10	50		
Tobacco	3,573	11	18		
Cotton and cottonseed	-	-	17		
Vegetables, melons, potatoes, sweet potatoes	148,848				
Fruits, tree nuts, berries	44,520	44,520 Produce s			

485,156

Rank

**States** 



Produce sales = \$1,933,680

Cultivated Christmas trees, short rotation			
woody crops	4,889	11	50
Other crops and hay	186,024	27	50
Livestock, poultry, and products	3,914,972	19	50
Poultry and eggs	1,082,069	18	50
Cattle and calves	681,356	22	50
Milk from cows	1,001,507	11	50
Hogs and pigs	1,010,793	9	50
Sheep, goats, wool, mohair, milk	23,055	13	50
Horses, ponies, mules, burros, donkeys	48,379	5	50
Aquaculture	9,305	27	50
Other animals and animal products	58,507	8	50





www.nass.usda.gov/AgCensus

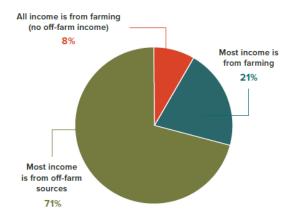
## Most Ohio farmers work off farm to support their farm and family.

Nearly 1 in 3 farmers have a health condition that makes it difficult to work.

40% of farmers relied on households savings to meet farm business expenses.

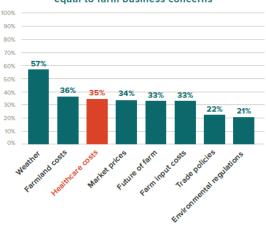
More than one-third delayed purchases for the farm business and 29% cut back on household spending.

#### Majority of farms rely on off-farm income to survive



# 3. Farm survival is linked to both household and farm business well-being.

Healthcare costs a major source of stress equal to farm business concerns



Almost 60% of Ohio farmers have a family member with a preexisting or chronic health condition.

Source: Ohio Farm Poll Insights published April 2021

## Farmers face significant mental health challenges.

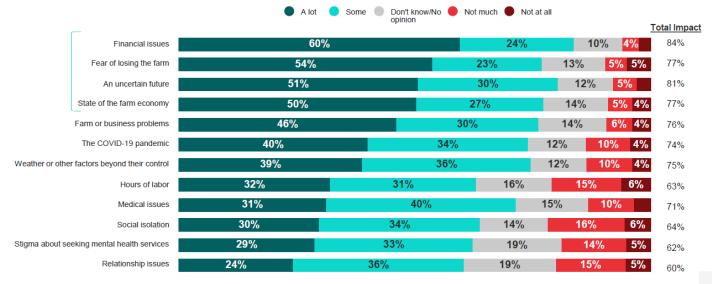


MORNING CONSULT

#### CONTRIBUTORS TO MENTAL HEALTH OF FARMERS

More than half of rural adults think financial issues (60%), fear of losing the farm (54%), an uncertain future (51%) and the state of the farm economy (50%) impact the mental health of farmers a lot.

Based on what you know, how much do you think each of the following impacts the mental health of farmers?



# How are farmer and low-income shopper needs related? Humanizing & **Justice** Agency & Flexibility **Economic** Support beginfarming.oeffa.org



# Produce Perks: 2020 Program Evaluation

Ohio Nutrition Incentive Network Meeting

March 19th, 2021 Presented By: Lauren Vargo

# Incentive Programming Across Ohio

\$2.3 Million
Incentives Distributed

\$855,515
Incentives Redeemed



In 2019...

\$1.1 Million Incentives Distributed

\$437,197 Incentives Redeemed

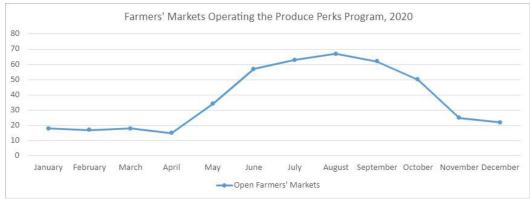
**113** Participating Locations

All statistics in this slide include PPM and YNDC data to provide a full picture of Ohio's SNAP incentive programming.



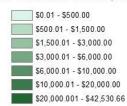
# Vendor Details at DTC Sites

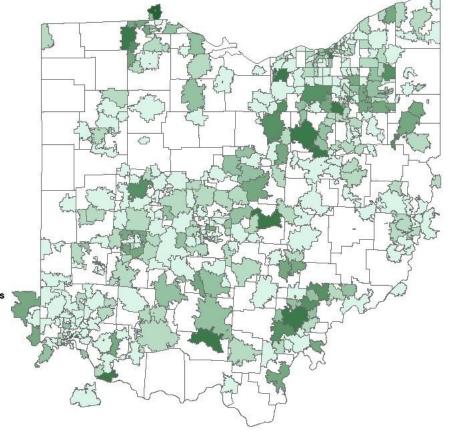


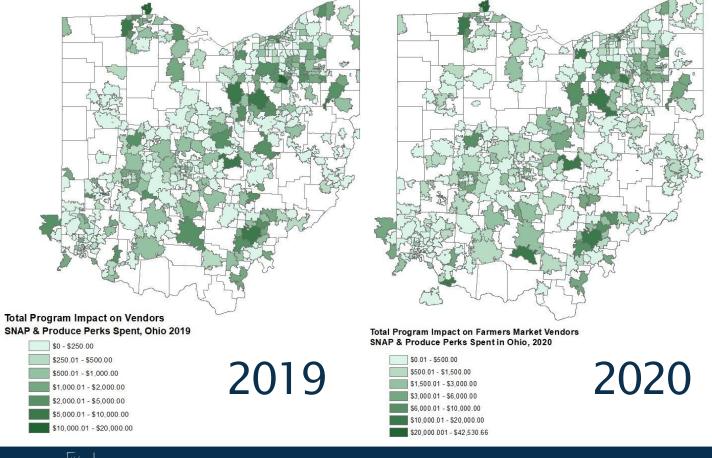


# SNAP & Incentives Redeemed by Vendors at DTC Sites, 2020

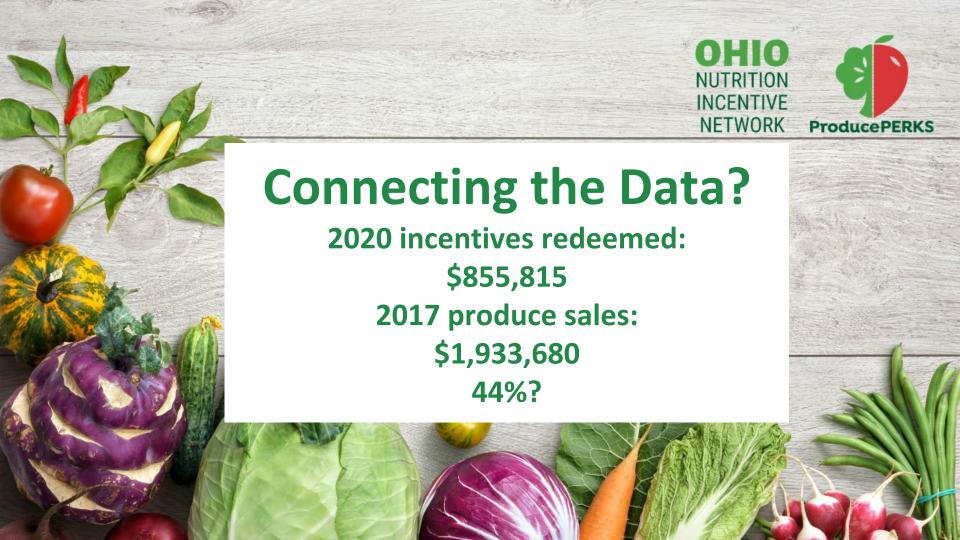
Total Program Impact on Farmers Market Vendors SNAP & Produce Perks Spent in Ohio, 2020











# Looking ahead, what's best for Ohio low-income shoppers AND farmers?

incentivize healthy food purchasing

growing practices that mitigate climate change

infrastructure that serves communities

reduce mental health stigma

affordable, accessible health insurance and child care

just, equitable programs



# **Further Reading:**

Ohio Farm Poll

Farm Bureau Rural Mental Health Poll

Opportunity In The Time Of Crisis Report



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