

Produce Perks Midwest (PPM) believes that healthy food should be available to everyone. Nutrition and diet play an important role in the treatment and prevention of disease, and food insecurity often takes away the ability to have a healthy diet. PRx programs work to help food-insecure patients improve their diet by providing recommended servings of fruits and vegetables through prescriptions given by their health care providers.



316
Patients Participating



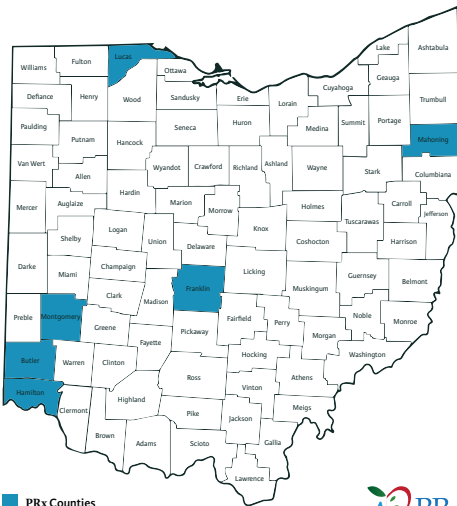
1250
Total Household Members Served



\$66,100
Fruit & Vegetable Prescriptions Redeemed

Infant Vitality Programs

Served pregnant mothers in Ohio counties with the highest black infant mortality rates



Adult Programs

Served patients in Mercy Health clinics that face food insecurity & diet-related disease

	Location	Patients	Household Members
Centerpoint Health	Butler	7	29
	Butler	57	249
PrimaryOne Health	Franklin	96	374
	Hamilton	27	59
Mercy Health Forest Park Internal Medicine	Hamilton	4	5
	Mahoning	42	175
Mahoning County Public Health	Mahoning	54	251
	Montgomery	29	109
Youngstown Community Health Education			
Five Rivers Health Center-Center for Women's Health			
Total		316	1,250

Clinics could choose a traditional prescription voucher for their patients to shop at participating farmers' markets and grocery stores, or choose to have a local farmer deliver a box of vegetables to the clinic. PPM piloted a home delivery model in the Cincinnati area, in partnership with Mercy Health, to bring fruits and vegetables right to the patient's doorstep.



Center for Women's Health
Dayton, OH

76% rated ability to prepare healthy food as good or excellent



82% reported eating ≥ 1 cup vegetables



65% reported eating ≥ 2 cups fruit

